

CURRICULUM VITAE NOME COGNOME

PERSONAL INFORMATION

Surname, Name **MARIKA DELLO RUSSO**
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Nationality **ITALIAN**

WORK EXPERIENCE

Period (from – to) **FEBRUARY 2022 - PRESENT**
Name of employer **National Research Council of Italy, Institute of Food Sciences (CNR-ISA)**
Type of business or sector **Public Research Institution**
Occupation or position held **Researcher**

Period (from – to) **2016 -PRESENT**
Name of employer **Italian Society of Human Nutrition (SINU)**
Type of business or sector **non-profit scientific society**
Occupation or position held **Regional secretary**

Period (from – to) **NOVEMBER 2019 - NOVEMBER 2021**
Name of employer **National Research Council of Italy, Institute of Food Sciences (CNR-ISA)**
Type of business or sector **Public Research Institution**
Occupation or position held **Research grant**

Period (from – to) **DECEMBER 2016 – FEBRUARY 2017**
Name of employer **Italian Society of Human Nutrition (SINU) - National Agency for Regional Health Services (AGENAS)**
Type of business or sector **non-profit scientific society - public agency**
Occupation or position held **Research contribution**

Period (from – to) **JUNE 2012 – FEBRUARY 2017**
Name of employer **National Research Council of Italy, Institute of Food Sciences (CNR-ISA)**
Type of business or sector **Public Research Institution**
Occupation or position held **Research grant**

Period (from – to) **JULY 2011 – NOVEMBER 2011**
Name of employer **National Research Council of Italy, Institute of Food Sciences (CNR-ISA)**
Type of business or sector **Public Research Institution**
Occupation or position held **Research contribution**

Period (from – to) **JULY 2010 – SEPTEMBER 2010**
Name of employer **National Research Council of Italy, Institute of Food Sciences (CNR-ISA)**
Type of business or sector **Public Research Institution**
Occupation or position held **Research grant**

Period (from – to)	JUNE 2008 – JUNE 2009
Name of employer	National Research Council of Italy, Institute of Food Sciences (CNR-ISA)
Type of business or sector	Public Research Institution
Occupation or position held	Research contribution
Period (from – to)	DECEMBER 2007 – JANUARY 2008
Name of employer	Department of Gerontology, Geriatrics and Metabolic Diseases, University of Naples
Type of business or sector	University hospital
Occupation or position held	Research contribution
Period (from – to)	SEPTEMBER 2007 – JULY 2008
Name of employer	Medtronic Italia S.p.A.
Type of business or sector	healthcare technology company
Occupation or position held	Research contribution
Period (from – to)	JULY 2007 – FEBRUARY 2008
Name of employer	National Research Council of Italy, Institute of Food Sciences (CNR-ISA)
Type of business or sector	Public Research Institution
Occupation or position held	Research contribution
Period (from – to)	APRIL 2007 – JUNE 2007
Name of employer	Department of Food Science, University of Naples
Type of business or sector	University hospital
Occupation or position held	Research contribution

EDUCATION

Period (from – to)	NOVEMBER 2008
Name and type of organization providing education	Department of Clinical Medicine and Surgery , University of Naples Federico II
Title of qualification awarded	Master in Human Nutrition
Period (from – to)	OCTOBER 2004
Name and type of organization providing education	Department of Clinical Medicine and Surgery , University of Naples Federico II
Title of qualification awarded	Dietitian

Scientific grants

- **Best Research Poster Grant** XXXIV National Congress Italian Human Nutrition Society (SINU) E. Donatiello, S. Sparano, A. Nappo, A. Formisano, F. Lauria, **M. Dello Russo**, G. Barba, P. Russo e A. Siani. "Associazione tra adiposità in età pediatrica e grado di urbanizzazione: il Progetto IDEFICS" 2009
- **"Arturo Leone" Grant** for studies and research in food science. Creation of a nutritional analysis software, "Schnelldiet". 2006

Research Activities/Projects (main)

- Stance4Health project funded by European Union's Horizon 2020 research and innovation programme under grant agreement No. 816303. Duration: 2018 - 2022.
- Cooking Healthy European Paths Project, CHEEP, funded by the ERASMUS+ Programme, 2014– 2020, Key Action 2 - Cooperation for innovation and the exchange of good practices, KA201 -Strategic partnership for school education, GRANT AGREEMENT NUMBER 2020-1-IT02-KA201-079674. Duration: 01/09/2020 31/08/2023.
- Pilot project, SINU-FERRERO-FIGC, "Quando la nutrizione fa goal". Duration: 2018-2019
- IFamily study (contract n. 266044), funded by the EC FP7 Project n.266044. www.ifamilystudy.eu Duration: 2012-2016
- IDEFICS Study, funded by the European Commission within the Sixth RTD Framework

Programme (contract n. 016181-2). www.ideficsstudy.eu Duration: 2006-2011

- ARCA study, Campania (Italy), Agriculture and Productive Activities Department, STAPAI Avellino. Duration: 2002-2004

Teaching Activities

(main)

2019 – present

Seminars (n.1 per year) at the postgraduate course in "Food education and prevention of metabolic diseases" UNIVERSITY OF NAPLES FEDERICO II, Department of Biology

Scientific dissemination activities

(main)

January 2022

Participation in the TV show "Un mondo insieme" TV2000

2008 - present

Periodic scientific contributions on the CNR web magazine "Almanacco della scienza"

Publications

13 Articles in International Scientific Journals (ISI WoS)

1 Chapters in books (xx international, xx national),

2 Articles in National or not ISI Scientific Journals

25 Abstracts in international or national congresses

Date,

Main publications

1. G. Cilluffo, Y. Y. Han, G. Ferrante, **M. Dello Russo**, F. Lauria, S. Fasola,... S. La Grutta (2021). The Dietary Inflammatory Index and asthma burden in children: a latent class analysis. *Pediatric Allergy and Immunology*. *Pediatric Allergy and Immunology* Sep 2021
2. F. Lauria, **M. Dello Russo**, A. Formisano, S. De Henauw, A. Hebestreit, M. Hunsberger,... P. Russo, (2021). Ultra-processed foods consumption and diet quality of European children, adolescents and adults: Results from the I. Family study. *Nutrition, Metabolism and Cardiovascular Diseases*.
3. **M. Dello Russo**, C. Spagnuolo, S. Moccia, D. Angelino, N. Pellegrini, & D. Martini, (2021). Nutritional quality of pasta sold on the Italian market: The food labelling of Italian products (flip) study. *Nutrients*, 13(1), 171.
4. D. Angelino, A. Rosi, G. Vici, **M. Dello Russo**, N. Pellegrini, D. Martini, & SINU Young Working Group. (2020). Nutritional quality of plant-based drinks sold in Italy: the Food Labelling of Italian Products (FLIP) study. *Foods*, 9(5), 682.
5. **M. Dello Russo**, W. Ahrens, S. De Henauw , G. Eiben, A. Hebestreit , Y. Kourides, L. Lissner, D. Molnar, L A. Moreno, V. Pala, T. Veidebaum , A. Siani , P. Russo on behalf of the IDEFICS Consortium. The Impact of Adding Sugars to Milk and Fruit on Adiposity and Diet Quality in Children: A Cross-Sectional and Longitudinal Analysis of the Identification and Prevention of Dietary- and Lifestyle-Induced Health Effects in Children and Infants (IDEFICS) Study. *Nutrients* 2018, 10, 1350.
6. E. Donatiello, **M. Dello Russo**, A. Formisano, F. Lauria, A. Nappo, A. Reineke, S. Sparano, G. Barba, P. Russo, A. Siani. "Physical activity, adiposity and urbanization level in children: results for the Italian cohort of the IDEFICS study". *Public Health* 2013; 127(8):761-5.
7. **M. Dello Russo**, W. Ahrens, T. De Vriendt, S. Marild, D. Molnar, LA. Moreno, A. Reeske, T. Veidebaum, YA. Kourides, G. Barba, A. Siani. "Gestational weight gain and adiposity, fat distribution, metabolic profile, and blood pressure in offspring: the IDEFICS project " *Int J Obes* 2013 Jul 37.
8. G. Barba, S. Sieri, **M. Dello Russo**, E. Donatiello, A. Formisano, F. Lauria, S. Sparano, A. Nappo, P. Russo, F. Brighenti, V. Krogh, A. Siani on behalf of the ARCA Project Study Group. "Glycaemic index and body fat distribution in children: The results of the ARCA project". *Nutrition Metabolism & Cardiovascular Diseases* 2012; 22(1):28-34.
9. G. Barba, C. Casullo, **M. Dello Russo**, P. Russo, A. Nappo, F. Lauria, A. Siani. "Gender-related differences in the relationships between blood pressure, age, and body size in prepubertal children ". *Am J Hypertens* 2008;21:1007-10.